

Title

Mindset as the foundation for Resilience

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RETHINKING RESILIENCE CONFERENCE

Abstract of the material to be presented

The presentation will cover 3 of the preferred topics namely, online teaching, futuristic ideas regarding learning especially in a country with disparities and the way information is absorbed and integrated.

Three learning objectives to serve the theme of RETHINKING RESILIENCE, would be the importance of the agile mindset, development of the entrepreneurial mindset and how to bridge the chasm between the academic world and the 'streets' in a country with disparities.

After completion of PhD studies on the Camino de Santiago pilgrimage and the Camino itself, I designed a project to reboot my own mindset in such a way that I won't have to redo it. This led to the Long Walk for the Entrepreneurial Mindset Project in 2018. The project got awarded at the Life Learning Academia's Global Conference as the best "Global Social Development Project" for 2018.

To serve the purpose of RETHINKING RESILIENCE, some incidents during the walk would be used to demonstrate the resilient factor of the new thinking paradigm we are subjected to which led to certain social research outcomes. This eventually led to a new strategy for the future (pre-Covid) but turned out to be what is needed in current times and for the nearby future because of Covid-19.